# The healthiest, most delicious food starts from vibrant life in the soil.

We farm beyond organic standards and in a manner that builds healthy life in the soil. We use bio-dynamic preparations, compost teas and mineral amendments, all of which balances our soil.

We pride ourselves in nurturing the soil food web, which in turn feeds our plants and our ecosystem. In the end, all of the love and care we provide to our soil allows us to feed you the most nutritious and delicious harvest all summer long.

Our CSA runs 18 weeks and we will harvest only the best food, every week, for you and your family.

Join our farm today and be a part of healing the Earth through local farming and eating well!

Kiltfarm.com





2015 CSA Shares are now available.

Support local food, eat well and help grow a better Colorado.

Join our CSA Kiltfarm.com

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Growing Amazing Soil, Food and Community.

## Eating Local, Eating Well

Kilt Farm is dedicated to growing delicious, healthful food for our community. We farm organically in order to not only sustain the health of our land, but also will improve it for generations to come. By using organic eco-agriculture practices, the soil grows healthier every year, which insures our produce is delicious, vibrant and a source of great nutrition and health for you and your family.



### 2015 Community Supported Agriculture Shares

#### What is a CSA?

Community Supported Agriculture provides a direct connection to locally grown food for the community while also providing a dedicated market for the farmer. Because the CSA member pays for their produce in advance of the growing season, this model provides much-needed working capital for the purchase of seeds, hire staff, make investments in the farm operation and to be able to plan expenditures throughout the growing season.



#### What we grow.

Kilt farm is growing over 100 varieties of vegetables including unique heirlooms like Petite Gris De Rennes melons, and Romanesco Cauliflower to 3 types of carrots, 4 types of potatoes, kale, chard, lettuce, watermelon and amazing tomatoes. The entire list of what we grow can be found online at kiltfarm.com.

#### Shares for 2015

Our 2015 season will run for 18 weeks from second week in June to the middle of October. We will have self-service pickups in East Boulder, Downtown Boulder, Denver, Lakewood, Dillon and Steamboat Springs.

- Family Share \$630 feeds 4-6 (\$35 a week)
- Regular Share \$450 feeds 2-4 (\$25 a week)
- Bi-Weekly Share \$330 a Family Sized Share every-other week 9 weeks
- Fruit Shares \$230, 11 weeks, over 75lbs of organically grown Colorado fruit from Ela Family Farm.

#### **CSA Pick Up Locations**

This year we are expanding and will be in Boulder, Denver, Lakewood, Summit County, and Steamboat Springs.

For more information and to join the farm, click on over and see what's growing at

Kiltfarm.com

